# Freie Scientologen Dipl.-Ing. Andreas Groß, Schweiz FS Bulletin vom 27. Mai 2006

Klasse 0

#### EXPANDED GRADE PROCESSES - GRADE 01

This bulletin gives a checklist of the Expanded Triple Grade Process comands. It is not all the possible processes for this level. If more are needed to attain full EP for this level additional processes can be found in LRH Bulletins, Books, Tapes, PABs and other issues.

Processes have been tripled up where possible. Refs: HCOB 3 Feb 69 Grades Triple Flows and HCOB 20 Nov 73 issue II  $\,$  C/S Series 89 F/N What You Ask or Program.

Each process is run to its full EP of FN, Cog, VGIs. Any previously run are rehabbed or completed and any missing flows run. A copy of this checklist is placed in the folder of a PC being run on Expanded Grades and the processes checked off with the date each is run to EP.

On any of these processes where the PC answers only yes or that he did it find out what it was by asking "What was it?". This keeps in the itsa line from the PC to auditor:

This bulletin does not replace Source data.

### 1. R2-31 BEINGNESS PROCESSING

| 1. R2-31 BEINGNESS PROCESSING  |
|--|
| Ref: Creation of Human Ability, pg. 74   |
| "Look around the room and discover some object which you don't mind being present."  "Locate something else you don't mind being present"  TO NO COMM LAG OR TO EP |
| "Now see this (room object) here?"  "All right, what else wouldn't you mind this (room object) being?"  TO NO COMM LAG OR TO EP                                    |
| "Now what wouldn't you mind your body being?"  "And now what else wouldn't you mind your body being?"  TO NO COMM LAG OR TO EP                                     |
| "Now let's find something you wouldn't mind being." "What else wouldn't you mind being?"  TO EP  |
| This process is not tripled as it would, change the process but it is included in this BTB as it is part of Expanded Grade 0.                                      |

<sup>&</sup>lt;sup>1</sup> based on BOARD TECHNICAL BULLETIN 5 JANUARY 1972R ISSUE II REVISED & REISSUED 16 JUNE 1974 AS BTB CANCELS HCO BULLETIN OF 5 JANUARY 1972R ISSUE II (Revised 20 July 1973) SAME TITLE

# 2. AXIOM 51 COMM PROCESSING REF: PAB 56, 8 July 1955.

| Run o      | on list of charged terminals culled from v   | worksheets.   |
|------------|--|---|
| F-1        | "What wouldn't mind you communicating with"  | to EP   |
| F-2        | "What wouldn't you mind communicating with"  | to EP   |
| F-3        | "What wouldn't others mind communicating with"   | to EP   |
| 3. PA      | AB 54 COMM PROCESS   |   |
| REF:       | PAB 54, 10 Jun 55  |   |
|            | "Think a thought"  | to EP   |
| thoughtice | of the "Think a thought" process is to height in various locations after he has thought, have a rug think a thought. This get of placing the thought somewhere. Thus, ar suddenly and magically out of his mach: | aght it. Have his shoe think a<br>ts the preclear into the prac-<br>thoughts are less likely to |
| F-1        | "Tell me a thought you would be willing to receive from another"   | to EP   |
| F-2        | "Tell me a thought another would be willing to receive from you"   | to EP   |
| F-3        | "Tell me a thought others would be willing to receive from others"   | to EP   |
| 4. Al      | N OBVIOUS PROCESS  |   |
| REF:       | HCOB 17 Mar 60 Standardized Sessions.  |   |
| Thin       | about matter   | to EP   |
| Thin       | about energy   | to EP   |
| Thin       | about space  | to EP   |
| Thin       | about time   | to EP   |
| Thin       | about a thetan   | to EP   |
| 5. AM      | N AFFINITY PROCESS <sup>2</sup>  |   |
| REF:       | HCOB 4 May 59 An Affinity Process.   |   |
| F-1        | "Recall a time another communicated"   | to EP   |
| F-2        | "Recall a time you communicated"   | to EP   |
| F-3        | "Recall a time others communicated"  | to EP   |

<sup>&</sup>lt;sup>2</sup> in BTB 15,11,76 II this is called: "A Basic Comm Process"

# 6. IN SEQUENCE

| REF:                | HCOB 2 Mar 1961 "New Pre-have Command"  |
|---------------------|---|
| F-1                 | "Recall another's communication with you" "Recall another's no-communication with you" to EP  |
| F-2                 | "Recall your communication with another"  "Recall your no-communication with another"  to EP  |
| F-3                 | "Recall another's communication with others"  "Recall another's no-communication with others"  to EP  |
| 7. UI               | NIVERSE PROCESSES   |
| REF:                | HCO B 25 Sept 1959, "HAS Co-audit".   |
| Run:                | The physical universe, a Body, a Mind, a Thetan.  |
| F-1                 | "From where could communicate to you" to EP   |
| F-2                 | "From where could you communicate to " to EP  |
| F-3                 | "From where could communicate to others" to EP  |
| О Т                 | OCATIONAL BODY COMM PROCESS   |
|                     | HCO B 21 July 59 HGC Allowed Processes.   |
|                     | on charged body parts, culled from worksheets or make a list of body s, assess, and run on reading items.   |
| F-1                 | "From where could a communicate to you" to EP   |
| F-2                 | "From where could you communicate to  |
|                     | a to EP   |
| F-3                 | a " to EP "From where could communicate to others" to EP  |
|                     | "From where could communicate   |
| 9. A                | "From where could communicate to others" to EP  |
| 9. <b>A</b><br>REF: | "From where could communicate to others" to EP  |
| 9. A REF: Asses     | "From where could communicate to others" to EP  CLEARING PROCEDURE  HCO B 21 July 1959, "HGC Allowed Processes".  |
| 9. A REF: Asses     | "From where could communicate to others" to EP  CLEARING PROCEDURE  HCO B 21 July 1959, "HGC Allowed Processes".  ss: Male bodies, Female bodies, Bodies, Matter, Energy, Space, Time.  |
| 9. A REF: Asses     | "From where could communicate to others" to EP  CLEARING PROCEDURE  HCO B 21 July 1959, "HGC Allowed Processes".  ss: Male bodies, Female bodies, Bodies, Matter, Energy, Space, Time.  all reading items in order of reads.  "From where could (item) communicate to you?" |

| 10.PROCESS S-2  |
|---|
| Ref: HCOB 21 July 1959 "HGC Allowed Processes"  |
| F1: "From where could a victim communicate to you?"  TO EP  |
| F2: "From where could you communicate to a victim?"  TO EP  |
| F3: "From where could a victim communicate to another or others?"  TO EP  |
| 11.R2-60 HIDDEN KNOWINGNESS (THE HIDDEN COMMUNICATION)3   |
| Ref: Creation of Human Ability, commands pg. 152 para. 2 & run<br>per instr. pg. 153 para. 7. SCIENTOLOGY 0-8 pg. 110 & 112 |
| "Point to the spot", "How far does it seem?", "Are you spotting a hidden communication there?" $$                           |
| 1: "Spot some (more) hidden communications"   |
| To EP 2: "Spot some (more) protected communications"  |
| TO EP 3: "Spot some (more) owned communications"  |
| TO EP 4: "Spot some (more) inhibited communications"  |
| TO EP  5: "Spot some (more) enforced communications"  |
| TO EP<br>6: "Spot some (more) desired communications"   |
| TO EP 7: "Spot some (more) communications people could be curious about"  TO EP   |
| 12.R2-60 CONTINUED  |
| Ref: Creation of Human Ability pg $152$ (Run per para 3 & 4, each command to EP)  |
| 1. "Spot some hidden knowingness" TO EP   |
| 2. "Spot some protected knowingness" TO EP  |
| 3. "Spot some owned knowingness" TO EP  |
| 4. "Spot some inhibited knowingness" TO EP  |
| 5. "Spot some enforced knowingness" TO EP   |
| 6. "Spot some desired knowingness" TO EP  |
| 7. "Spot some knowingness people could be curious about"  TO EP   |
| 13.R2 -60 HIDDEN KNOWINGNESS (KNOW TO MYSTERY)  |
| Ref: Creation. of Human Ability pg 153, run per instructions  |

1."Spot some mysteries"

TO EP \_\_\_\_\_

<sup>&</sup>lt;sup>3</sup> This was changed back by AG to the original, as the introduction of flows into these commands makes them unanswerable.

| 2."Spot some hidden sex"           | TO EP |
|------------------------------------|-------|
| 3."Spot some hidden eating"        | TO EP |
| 4."Spot some hidden symbols"       | TO EP |
| 5."Spot some hidden thinking"      | TO EP |
| 6."Spot some hidden efforts"       | TO EP |
| 7."Spot some hidden emotions"      | TO EP |
| 8."Spot some hidden looking"       | TO EP |
| 9."Spot some hidden knowing"       | TO EP |
| 10."Spot some protected mysteries" | TO EP |
| 11."Spot some protected sex"       | TO EP |
| 12."Spot some protected eating"    | TO EP |
| 13."Spot some protected symbols"   | TO EP |
| 14."Spot some protected thinking"  | TO EP |
| 15."Spot some protected efforts"   | TO EP |
| 16."Spot some protected emotions"  | TO EP |
| 17."Spot some protected looking"   | TO EP |
| 18."Spot some protected knowing"   | TO EP |
| 19."Spot some owned mysteries"     | TO EP |
| 20."Spot some owned sex"           | TO EP |
| 21."Spot some owned eating"        | TO EP |
| 22."Spot some owned symbols"       | TO EP |
| 23."Spot some owned thinking"      | TO EP |
| 24."Spot some owned efforts"       | TO EP |
| 25."Spot some owned emotions"      | TO EP |
| 26."Spot some owned looking"       | TO EP |
| 27."Spot some owned knowing"       | TO EP |
| 28."Spot some inhibited mysteries" | TO EP |
| 29."Spot some inhibited sex"       | TO EP |
| 30."Spot some inhibited eating"    | TO EP |
| 31."Spot some inhibited symbols"   | TO EP |
| 32."Spot some inhibited thinking"  | TO EP |

| 33."Spot some  | inhibited | d efforts"  | TO EP |
|----------------|-----------|-------------|-------|
| 34."Spot some  | inhibited | d emotions" | TO EP |
| 35."Spot some  | inhibited | d looking"  | TO EP |
| 36."Spot some  | inhibited | d knowing"  | TO EP |
| -              |           |             |       |
| 37."Spot some  | enforced  | mysteries"  | TO EP |
| 38."Spot some  | enforced  | sex"        | TO EP |
| 39."Spot some  | enforced  | eating"     | TO EP |
| 40."Spot some  | enforced  | symbols"    | TO EP |
| 41."Spot some  | enforced  | thinking"   | TO EP |
| 42."Spot some  | enforced  | efforts"    | TO EP |
| 43."Spot some  | enforced  | emotions"   | TO EP |
| 44."Spot some  | enforced  | looking"    | TO EP |
| 45."Spot some  | enforced  | knowing"    | TO EP |
| 46 49          |           |             |       |
| 46."Spot some  |           |             | TO EP |
| 47."Spot some  |           | sex"        | TO EP |
| 48."Spot some  | desired   | eating"     | TO EP |
| 49."Spot some  | desired   | symbols"    | TO EP |
| 50."Spot some  | desired   | thinking"   | TO EP |
| 51."Spot some  | desired   | efforts"    | TO EP |
| 52."Spot some  | desired   | emotions"   | TO EP |
| 53."Spot some  | desired   | looking"    | TO EP |
| 54."Spot some  | desired   | knowing"    | TO EP |
| 55."Spot some  | curious   | mysteries"  | TO EP |
| 56."Spot some  |           | sex"        | TO EP |
| 57."Spot some  |           | eating"     |       |
| 58."Spot some  |           | symbols"    | TO EP |
|                |           | ·           | TO EP |
| 59. "Spot some |           | thinking"   | TO EP |
| 60."Spot some  |           | efforts"    | TO EP |
| 61."Spot some  |           | emotions"   | TO EP |
| 62."Spot some  |           | looking"    | TO EP |
| 63."Spot some  | curious   | knowing"    | TO EP |

| 14.EX | PANDED CDEI COMM PROCESS  |                                 |
|-------|---|---------------------------------|
| REF:  | HCOB 13 Oct 1959, "DEI Expanded Scale" Scientology 0-8 pg. 109 -112         |                                 |
|       | ss a group of terminals culled from works by the C/S "Bodies, people, etc") | heets (or a prepared assessment |
| Run e | each reading item in the following:   |                                 |
| 1.    | From where could you communicate to an u                                    | nknown <u>body</u>              |
| 2.    | From where could you communicate to an u                                    | nwanted <u>body</u>             |
| 3.    | From where could you communicate to a new                                   | cessary <u>body</u>             |
| 4.    | From where could you communicate to a de-                                   | sirable <u>body</u>             |
| 5.    | From where could you communicate to an is                                   | nteresting <u>body</u>          |
| 15.LC | CATIONAL COMM PROCESSES   |                                 |
| REF:  | HCOB 7 May 1959, "New Process"  |                                 |
| F-1   | "From where could another communicate to you"                               | to EP                           |
| F-2   | "From where could you communicate to another"                               | to EP                           |
| F-3   | "From where could another communicate to others"                            | to EP                           |
| OR    |   |                                 |
| F-1   | "Find a place from which another could communicate to you"                  | to EP                           |
| F-2   | "Find a place from which you could communicate to another"                  | to EP                           |
| F-3   | "Find a place from which another could communicate to others                | to EP                           |
| OR    |   |                                 |
| F-1   | "Recall a place from which another has communicated to you"                 | to EP                           |
| F-2   | "Recall a place from which. you have communicated to another"               | to EP                           |
| F-3   | "Recall a place from which another has communicated to others"              | to EP                           |
| 16.RE | MEDY OF COMM SCARCITY   |                                 |
| REF:  | 8-8008, p. 137 "Six Levels of Processing                                    | g, ISSUE 5"                     |
| F-1   | "What wouldn't another mind you communicating with"                         | to EP                           |

<sup>&</sup>lt;sup>4</sup> This also was changed back by AG to the original.

|                            | What wouldn't you communicating wit                           |   | to EP                   |
|----------------------------|---|---|-------------------------|
|                            | What wouldn't ano communicating wit                           |   | to EP                   |
|                            | GR  | ADE ZERO TRIPLES 0-0, (   | 0-A. 0-B                |
| REF: H                     | COB 11 Dec 64 Sci   | entology 0 Processes as<br>tine 0-A Expanded  |                         |
|                            | 20 200 01 1.00  | orno o n Enpanada   |                         |
| 17.STE                     | P ONE: AUD-PC CL  | EARANCE   |                         |
| 00F-A1                     | "What are you w   | illing for me to talk   | to you about?"          |
| 005 70                     | about that?"  |   | to EP                   |
| 00F-A2                     | about?"   | illing to talk to me  |                         |
| 000 30                     | that?"  | like 'to tell me abou   | to EP                   |
| UUF-A3                     | to others abou  |   |                         |
|                            | "What would you about that?"                                  | like me to tell other:  | s<br>to EP              |
| 18.STE                     | P TWO: 0-0  |   |                         |
| 00F-1                      |   | lling for another to talike him/her to tell   | alk to you about?"      |
| 00F-2                      |   | lling to talk to anothe   |                         |
|                            | "What would you about that?"                                  | like to tell another  | to EP                   |
| 00F-3                      | "What are you wi  | lling for another to ta   | alk to others about?"   |
|                            | "What would you tell others abo                               | like him/her/them to ut that?"  | to EP                   |
| 19.STE                     | P THREE - OA  |   |                         |
| people<br>taking<br>Expand | <pre>it would be diff each item in tur ed") The item be</pre> | by making a canned listicult to talk to or list<br>n. (Ref: HCO B 26.12<br>ing run must read in that<br>ared for 0-A and 0-B. | sten to and<br>.64 "0-A |
| 0A F-1                     | "If c   | ould talk to you what   | would he talk about?"   |
|                            |   | he/she were talking to<br>at would he/she say exa   |                         |
| 0A F-2                     | "if you could t   | alk to what   | would you talk about?"  |
|                            | about that, wh  | u were talking to at would you say exact to speak as though tal   |                         |

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| 0A F-3        | (Auditor chooses 2 people who would difficulty talking to each other.)                                       |   |
|---------------|--|---|
|               | "If could talk to would he/she/they stalk about?-"   | what  |
|               | "Alright, if was talking about that what would he/she/they exactly?"   | to<br>say<br>to EP  |
| 20.STEP       | FOUR - 0B  |   |
| (Per HCC      | DB 11.12.64 Zero Processes)  |   |
| can thir      | r makes a canned list (not from the nk of that is banned for any reason considered acceptable for social com | from conversation or is not gen-                            |
| 0B F1:        | "What are you willing to have someo "Who else could he/she say those th                                      |   |
| OB F2:        | "What are you willing to tell me ab "Who else could you say those thing                                      |   |
| 0B F3:        | "What are you willing to have someo "Who else could another say those t                                      | ne tell others about ?" hings to?" TO EP                    |
| 21.HAVIN      | NGNESS   |   |
| F1: "Wh       | nat solid could you understand?"   | TO EP   |
| F2: "Wh       | nat solid could another understand?"   | TO EP   |
| F3: "Wh       | nat solid could others understand?"  | TO EP   |
|               |  | Andreas Groß<br>für die<br>Freien Scientologen <sup>5</sup> |
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